

## Curriculum Vitae

### Prof. Dr. med. Axel Steiger

Max-Planck-Institute of Psychiatry  
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Date of birth: July 4, 1953  
Place of birth: Kaiserslautern, Germany  
Nationality: German

### Education and professional experience

1972	Final examination Alt- und Neusprachliches Gymnasium Kaiserslautern
1972-1979	Medical school, Universities of Heidelberg and Vienna
1976-1979	Training in preclinical sleep physiology at the laboratory of Professor Günter Stock, Department of Physiology, University of Heidelberg
1979	M.D. Thesis in Physiology "Mechanisms of sleep induction by gamma-hydroxybutyric acid", University of Heidelberg and license to practice medicine
1979-1980	Junior research scientist, Department of Physiology, University of Munich
1980-1981	Staff physician, Department of Psychiatry, University of Essen
1981-1987	Staff physician and head of sleep laboratory, Departments of Psychiatry and Neurology, University of Mainz
1985	Board certification in psychiatry
1987-1991	Senior psychiatrist and head of sleep laboratory, Department of Psychiatry, University of Freiburg,
1988	Research award, Deutsche Gesellschaft für Biologische Psychiatrie
1989	Postdoctoral thesis: "Sleep EEG and nocturnal hormone secretion in patients with depression and normal controls", University of Freiburg
1989-1998	Lecturer (Privat-Dozent) in Psychiatry, Universities of Freiburg and Munich
1991 -	Senior psychiatrist and head of research group Endocrinology of Sleep, Max Planck Institute of Psychiatry, Munich
1998-	Professor, University of Munich

- 2004 Board certification in sleep medicine
- 2009 - Head of the outpatients sleep clinic and the sleep laboratory,  
Max Planck Institute of Psychiatry

**Number of publications: 255**

#### **Membership in scientific societies**

Arbeitsgemeinschaft Neuropsychopharmakologie und Pharmakopsychiatrie (AGNP)  
Deutsche Gesellschaft für Endokrinologie (DGE)  
Deutsche Gesellschaft für experimentelle und klinische Pharmakologie und Toxikologie (DGPT)  
Deutsche Gesellschaft für Klinische Pharmakologie  
Deutsche Gesellschaft für Schlafforschung und Schlafmedizin (DGSM)  
European College of Neuropsychopharmacology (ECNP)  
European Sleep Research Society (ESRS)  
Federation of European Neuroscience Societies (FENS)  
Neurowissenschaftliche Gesellschaft (German Neuroscience Society)  
Society of Biological Psychiatry (SOBP)

- 1992 - 1996 Assistant secretary of ESRS  
1998 - 2001 Treasurer of AGNP  
1999 Chairman of the Scientific Committee, 21<sup>st</sup> Symposium of AGNP  
2003 - 2009 Member of the Advisory Board of the Section Neuroendocrinology of the DGE  
2002 - Secretary of AGNP  
2003 - Head of local organisation of the biannual AGNP Symposia

#### **Peer reviewer for scientific journals**

Acta Psychiatrica Scandinavica  
American Journal of Physiology, Endocrinology & Metabolism  
American Journal of Physiology, Regulatory, Integrative & Comparative Physiology  
Annals of Nutrition and Metabolism  
Archives of General Psychiatry  
Behavioural Brain Research  
Biological Psychiatry  
Brain and Behavior  
Cellular and Molecular Life Sciences  
Clinical and Experimental Pharmacology and Physiology  
Clinical Endocrinology  
Epilepsia  
European Archives of Psychiatry and Clinical Neuroscience  
European Journal of Clinical Investigation  
European Journal of Endocrinology  
European Neuropsychopharmacology  
European Psychiatry  
European Respiratory Journal  
Experimental and Clinical Endocrinology & Diabetes  
Experimental Gerontology  
General Physiology & Biophysics  
Gynecology & Obstetrics  
Harvard Review of Psychiatry  
Hormone and Metabolic Research  
Hormones and Behavior  
International Journal of Endocrinology  
International Journal of Obesity

International Journal of Peptides  
International Journal of Psychiatry in Clinical Practice  
JAMA  
Journal of Adolescent Health  
Journal of Applied Physiology  
Journal of Clinical Endocrinology & Metabolism  
Journal of Neural Transmission  
Journal of Neuroendocrinology  
Journal of Psychiatric Research  
Journal of Psychiatry & Neuroscience  
Journal of Sleep Research  
Letters in Drug Design & Discovery  
Nature Clinical Practice Endocrinology & Metabolism  
Nature Reviews Neuroscience  
Neurochemistry International  
Neuroendocrinology  
Neuropeptides  
Neuropsychiatric Electrophysiology  
Neuropsychobiology  
Neuropsychopharmacology  
Neurosciences Letters  
Pharmacology Biochemistry and Behavior  
Pharmacopsychiatry  
Progress in Neuropsychopharmacology and Biological Psychiatry  
Psychiatry Research  
Psychoneuroendocrinology  
Psychopharmacology  
Research in Veterinary Science  
Science  
Sleep  
Sleep Medicine  
Swiss Archives of Neurology and Psychiatry  
The International Journal on the Biology of Stress  
The Journal of Clinical Endocrinology & Metabolism  
The International Journal of Neuropsychopharmacology  
The Journal of Neuroscience  
The Lancet Neurology  
The World Journal of Biological Psychiatry

#### **Member of the Editorial Board**

Depression Research and Treatment  
Frontiers in Chronobioneurology and Sleep Medicine  
Neuropsychobiology

#### **Member of the Advisory Board**

Pharmacopsychiatry  
Schlaf

#### **Section Editor**

Pharmacology for "Somnology"

#### **Expert for grant evaluation**

Alexander-von-Humboldt-Stiftung

American Association for the Advancement of Science (AAAS) Research Competitiveness Program  
Deutsche Forschungsgemeinschaft  
European Commission, Directorate for Research and Research Executive Agency  
Fonds zur Förderung der wissenschaftlichen Forschung (Austria)  
Jubiläumsfonds der Österreichischen Nationalbank  
Marsden Fund (New Zealand)  
National Research Foundation South Africa  
Ontario Mental Health Foundation,  
Schweizerischer Nationalfonds (SNF)  
Science Office, Schering AG  
The Eli and Edythe L. Broad Foundation  
The Wellcome Trust

### **Supervision of students**

4 Bachelor (Psychology, Neuroscience), 2 Diploma /Master (Psychology), 41 Doctorate (Dr. med., Dr. rer .nat /M.D., Ph.D) students were or are currently supervised

### **Teaching**

1981 -1991 Lectures, Seminars and bed side teaching at the Universities of Mainz and Freiburg  
1991 - Seminary "Physiology and Pathology of Sleep", University of Munich, 2 credit hours

### **Varia**

Member of the Examination Board "Sleep Medicine" of the Bavarian Board of Physicians

### **Website**

[http://www.psych.mpg.de/1511241/employee\\_page?c=1490981&employee\\_id=33458](http://www.psych.mpg.de/1511241/employee_page?c=1490981&employee_id=33458)